

### 3 types of man (Guzik)

1. Natural man
  - a. Patterned after Adam; rejects things of the Spirit
2. Carnal man
  - a. Knows the things of God yet in some significant ways is characterized by the flesh
3. Spiritual man
  - a. Knows the things of God

What type of man do I live out?

---

I think we all want to walk out the spiritual man, but still need to work on the carnal man. 1 Timothy 4:7-8 – train yourself to be godly; physical training is good but training for godliness is better. We have to die to our old self and walk in the newness of Christ. Identifying what that old self is will help us to walk in the new self. Here we go, let's train to be godly.... You can do it! There is no condemnation in Christ (Romans 8:1).

### Read Romans 7 – 8:17

Things that the Holy Spirit is pointing out to me in these passages

---

---

---

---

---

---

---

---

---

---

What are you battling in your sin nature?  
What are some things that you need to work on?

How can I train to be godly this week?

---

---

---

---

---

---

---

---

---

---

Prayer: 

---

---